

WELCOME TO YEAR 7 AT SWGS!



By YEAR 7 (2024-2025)





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YOUR GUIDE TO THE SCHOOL DAY

Starting Year 7 is exciting – and we're here to help you feel confident and ready. Here's everything you need to know about your school day at South Wilts Grammar School.

DAILY SCHEDULE

Time	What's Happening
8:45 – 9:05	Tutor Time
9:05 – 10:05	Period 1
10:05-10:25	Morning Break
10:25 – 11:25	Period 2
11:25-12:25	Period 3
12:25 – 13:25	Lunch
13:25 – 14:25	Period 4
14:25 – 14:45	Afternoon Break
14:45 – 15:45	Period 5

UNIFORM MATTERS

Wear your uniform with pride and make sure it's neat and tidy.

Remember your PE kit on your PE days.



TOP TIPS FOR YEAR 7



Be organised: Pack your bag the night before and check your schedule.



Use your planner.

Ask for help – your teachers and older students are here to support you.

WHO'S WHO



Your Form Tutor
Your first go-to adult for support.



Head of Year 7 - Looks after your whole year group.



Try new things: Clubs, sports, music – there's lots to get involved in.

Lessons.

3 Top Tips:

1. Be on time to lessons.
2. Bring ALL your equipment needed to the lesson!
3. TRY YOUR HARDEST!

Subjects:

Art

English

Maths

Science

Drama

PE

German

French

RS

Computer Science

Technology

PSD

Music

History

By Elsbeth

Getting Started At SWGS

When starting at our school, there are some tips you'll need to know:

- **When going home or out after school, try to stick with people you know, or classmates heading in the same direction as you, especially later in the year when it's darker.**
- **There will be many opportunities to participate in activities and extra-curricular activities. They may all sound fun, but don't try to do absolutely everything at once. A fully packed schedule will wear you out quickly!**
- **If students from an older year give you advice about something to avoid doing, then do your best to try and avoid it, as they have had more experience at this school. Their advice will usually be helpful.**
- **When teachers assign homework, get it done as soon as possible, otherwise you will end up with work piling up unnecessarily.**
- **Check what lessons you have and pack your bag the night before every day.**
- **Never lose your planner.**
- **Make friends, so they can help you with what you need.**



- **And most importantly HAVE FUN!!!**



HOMEWORK

Like every other school, there is homework to do. However, it can be difficult to have assignments suddenly thrown at you. Here is some information and tips on the homework in SWGS!

INFORMATION

- First two weeks in Yr7, you won't receive homework (thankfully)
- Once you start receiving homework, you'll get a two-week timetable of which homework you'll get on each day.
- You'll usually only receive 2 assignments per day
- Homework generally should only be 30 minutes per subject.



TIPS

- Try and do your homework as soon as possible. Better than stressing over it on the night before.
- Take breaks, no need to overwork yourself!
- Find a quiet space to do your homework, minimize distractions
- Have a homework plan if it works for you
- Don't hesitate to ask for help from teachers or even ask for an extension
- Have the correct motivation to get the best work possible!





Houses

There are 5 different houses: Avon, Bourne, Ebble, Nadder and Wylde.

Because the SWGS colour is green, it is none of the houses' colour. Instead, there is red, orange, yellow, blue and purple. 😊

Avon is Purple

Bourne is Orange

Ebble is Red

Nadder is Yellow

Wylde is Blue



All of the houses are special, and all the houses have great achievements. Overall, there are too many to write but the shortened list is this:

Avon: Year 9s have won the KS3 dance competition for 2 years in a row. 💖

Bourne: Won the 2025 Sports Day. 💖

Ebble: Has won interform house competitions. 💖

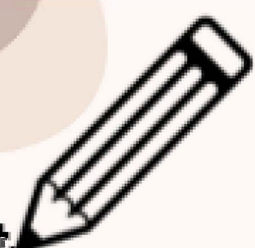
Nadder: Won the house points in 2024. 💖

Wylde: Got the most House Points overall in 2025. 💖

The house you are in is like your school family, because you do everything with your form and house in Years 7 and 8. In Year 9 you are split into different classes, with members of the other forms in your year group.

If you are not in the house that you wanted to be in – don't worry! Each house has its own strengths and you will make new friends.

Equipment



General:

- Pen (Blue or Black)
- Pencil
- Rubber
- Ruler
- Sharpener
- Glue stick
- Whiteboard pen

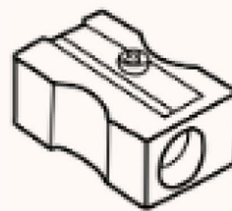
Teachers will tell you if you need anything else, during lessons.

Art:

- Drawing Pencils
- Fineliner
- Colouring Pencils (optional)

Maths::

- Calculator
- Protractor
- Compass



By Ava &
Melina

EVENTS and TUTOR TIME

AT SWGS



SPORTS DAY



LIVE WELL
AFTERNOONS



CHARITY
EVENTS



INTER HOUSE
COMPETITIONS



CLUB
COMPETITIONS



DIVERSITY
EVENTS

TUTOR TIME IS FROM 8:45 TO 9:05. IT IS AN OPPORTUNITY TO GET KNOW YOUR PEERS BETTER AND DO FUN ACTIVITIES SUCH AS VOTES FOR SCHOOLS.

IN TUTOR TIME, YOU ARE REGISTERED, AND NOTICES ARE READ OUT. IF YOU HAVE ANY QUESTIONS, TUTOR TIME IS A PERFECT TIME TO ASK YOUR TEACHER.

ON SOME DAYS, WE MAY HAVE ASSEMBLY OR PLAY GAMES.
ON LITERACY MORNINGS, WE READ TEXTS OUT LOUD AND DO ACTIVITIES BASED ON IT.

YOU WILL HAVE THE CHANCE TO SHARE IDEAS FOR CHARITY EVENTS IN THE YEAR 7 CHARITY FAIR.

LIVE WELL AFTERNOONS GIVE YOU A CHANCE TO RELAX AND PARTAKE IN ACTIVITIES WITH YOUR YEAR 8 BUDDY. EXAMPLES INCLUDE HOT CHOCOLATE, MAKING DREAM CATCHERS AND VINTAGE SPORTS DAY.

ALSO, YOU WILL HAVE THE CHANCE TO TAKE PART IN INTERFORM COMPETITIONS, SUCH AS FOOTBALL AND NETBALL. THESE WILL EARN YOU HOUSE POINTS SO MAKE SURE TO BE INVOLVED!

FRIENDSHIPS

FINDING FRIENDS IN FORM

When you start the year, make sure to be yourself and be kind to the people around you in your form. These people will be with you for all lessons until Year 9, when you separate into different classes for some subjects. However, you will stay with your form for tutor time and events, until Year 11.

You should find people who are like you. This can be through clubs, sports, or particular interests!

FRIENDS OUTSIDE OF FORM

You don't just need to have friends in your form, you can also have friends in different forms. These people may share more interests with you, and you may suit each other better!

You can talk to these people in breaks and lunch times, which are 20 minutes long per break and 1 hour long in lunch time. There are two breaks – one in the morning and one in the afternoon.

FRIENDSHIP DRAMAS

Everyone will have their own opinions, and you should learn to respect that, but you are also entitled to YOUR own opinion and should feel free to share it, in a kind a respectful way. No friendship group will be without dramas, and not everyone will be close with each other, but that doesn't mean you should single them out, target or be hurtful to them.

With small dramas, you should try and sort them out among yourselves. However, if things get out of hand, you should tell a member of staff such as your form tutor(s) or pastoral staff. These people are here to help you with your SWGS journey.





Sports



Your Guide to Sport at South Wilts

Hi new Year 7! Here is an introduction to sports we do at SWGS, including lunch time clubs and the PE curriculum. There are many more!

Winter Clubs:

- . Netball
- . Football
- . Cross Country

Summer Clubs:

- . Athletics
- . Tennis
- . Badminton
- . Multi-sports
- . Cricket

PE curriculum:

- .Fitness
- .Gymnastics
- . Dance
- .Netball
- . Football – make sure you have football boots and shin pads
- .Tennis – you can bring your own tennis racket
- .Athletics – can bring own spikes (not needed if you don't have them)
- .Cricket
- .Fundamental skills





TRAINS: THINGS TO KNOW



TRAIN CANCELLED?

No worries! If your train is cancelled and you catch the next one, you won't be marked late – it's not your fault!



NO TRAIN HOME?

If your train is cancelled and the delay is 2-3 hours, taxis are available at some stations.
If your stop doesn't have taxis, take a train to the nearest station that does.



WALKING TO SCHOOL

It takes about 15-25 minutes to walk from the station, depending on your pace.
Make sure you're in your form room by 8:45 AM!



USEFUL WEBSITES & APPS

National Rail



BUS SAFETY AND TIPS



NO BUS APPS AVAILABLE

Check the sign at the bus stop for schedule and route info.



SIGNAL THE BUS

Stick your arm out clearly so the driver knows you want to board.



PRESS TO STOP

Use the red button on the bus when you're nearing your stop.



STAY ALERT

Keep an eye out — don't miss your stop!

SWGS HOUSE POINTS

At the end of the school year, every year, there is an overall competition of added up house points. There are comps for each year and then the overall house winner.

How to earn House Points

Be kind
Be helpful
Be optimistic
Be Aspirational
Be Involved

Reasons for sanctions

Being rude
Being disrespectful
Being inappropriate
Bullying
Forgetting books



Uniform!!!

The school uniform is:

- . A navy-blue polo shirt
- . Green & Blue tartan skirt
- . A green knitted v-neck jumper.
- . A blue cotton sweatshirt

PE kit:

- . Green Skort
- . Green t-shirt
- . Navy tracksuit bottoms
- . Navy cotton hoodie
- . Trainers
- . Shin pads and football boots (for football)



The school uniform is very comfortable and looks cool too. Skirts shouldn't be too short. You don't have to tuck your skirt in so it's pretty relaxed. You can wear **2 sets** of studs or ear hugging earrings in **your lobes**, one simple ring, a simple necklace and no bracelets.